

**NOTICE FOR CHESTER-LE-STREET ASC MEMBERS**  
Enter and pay online at [chesterlestreetasc.myswimmingclub.uk](http://chesterlestreetasc.myswimmingclub.uk)  
Email [galas@chesterlestreetasc.co.uk](mailto:galas@chesterlestreetasc.co.uk) for help



**DO NOT SEND ENTRIES OR PAYMENT TO NST**



**INVITATIONAL SHRIMP GALA  
TYNEMOUTH POOL  
SUNDAY 12<sup>th</sup> December 2021**

**PROGRAMME OF EVENTS**

**Session 1**

Warm up: 8:00am  
Start: 9:00am

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Boys	8 - 9 years	100m	Freestyle
Boys	10-12 years	200m	Freestyle
Girls	8 - 12 years	50m	Butterfly
Boys	8 - 12 years	50m	Breaststroke
Girls	8 - 9 years	100m	Individual Medley
Girls	10-12 years	200m	Individual Medley
Boys	8 - 12 years	50m	Backstroke
Girls	8 - 12 years	50m	Freestyle

**Session 2**

Warm up: TBC  
Start: TBC

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Girls	8 - 9 years	100m	Freestyle
Girls	10-12 years	200m	Freestyle
Boys	8 - 12 years	50m	Butterfly
Girls	8 - 12 years	50m	Breaststroke
Boys	8 - 9 years	100m	Individual Medley
Boys	10 - 12 years	200m	Individual Medley
Girls	8 - 12 years	50m	Backstroke
Boys	8 - 12 years	50m	Freestyle

**closing date for entries: Friday 3<sup>rd</sup> December 2021 12 Noon**

Entry Fee: £6.50 per swim

All Events HDW(*Heat Declared Winner*)basis

Age Groups (Boys & Girls) are 8yrs, 9yrs, 10yrs, 11yrs, 12yrs  
(Age as at 12th December 2021).

Entry file available from: [admin@newcastleswimteam.co.uk](mailto:admin@newcastleswimteam.co.uk)

**Newcastle Swim Team hope you have fun,  
swim well & enjoy it 😊**



**INVITATIONAL SHRIMP GALA  
TYNEMOUTH POOL  
SUNDAY 12th December 2021  
UPPER LIMITS**



MALE UPPER LIMITS					FEMALE UPPER LIMITS					
8 Years	9 Years	10 Years	11 Years	12 Years	Events	8 Years	9 Years	10 Years	11 Years	12 Years
Open	Open	32.00	31.00	30.00	<b>50 Free</b>	Open	Open	32.00	30.50	30.00
Open	Open				<b>100 Free</b>	Open	Open			
		2.34.00	2.24.00	2.20.00	<b>200 Free</b>			2.33.00	2.24.00	2.20.00
Open	Open	37.00	35.00	34.00	<b>50 Back</b>	Open	Open	36.50	35.00	34.00
Open	Open	43.50	40.50	40.00	<b>50 Breast</b>	Open	Open	42.00	39.50	38.50
Open	Open	37.00	35.00	33.50	<b>50 Fly</b>	Open	Open	36.00	33.00	32.00
Open	Open				<b>100 IM</b>	Open	Open			
		2.50.00	2.40.00	2.30.00	<b>200 IM</b>			2.50.00	2.40.00	2.30.00



# Invitational Shrimp Gala

## SUNDAY 12th December 2021

### Tynemouth Pool



1. The meet will be swum under ASA Laws and Technical Rules and will be as a [Level 4].
2. The pool length is 25m of variable depth with 6 lanes & anti-wave lane ropes; a separate swim down facility is available. It is the responsibility of coaches to ensure that the swim facility is used correctly – in the event that it is not, the pool will be closed.
3. Swiss Electronic Timing will be in operation with scoreboard display. Times and places shown on the electronic scoreboard are for information only, and are not necessarily the official result.
4. Events will be all strokes 50m plus 100 Freestyle (8,9y) 100IM (8,9y), 200IM (10,11, 12), 200 Freestyle (10,11, 12). All events will be HDW. (Heat Declared Winner)
5. Entries will be accepted from rankings and training times. If there is no time entered then the swimmer will be rejected from the event.
6. Upper limit times will apply. Swimmers must not have swam faster than the upper time limit and any swimmers entered on times above the upper time for their age and event **will be excluded**. All entry times must be converted to 25m pool times by use of the ASA Conversion tables. Entries **may** be limited to comply with session limits. Should the meet be oversubscribed, **entries will be rejected on the basis of fastest submitted times in each age group**.
7. Age Groups are 8 yrs, 9 yrs, 10 yrs, 11yrs, 12 yrs **Age as at 12th December 2021**.
8. Medals will be issued to the first six places in age groups 8, 9, 10, 11 and 12 in events as listed above.
9. Poolside entries will **not be accepted**.
10. Entry Fees                                    £6.50 per swim  
Coaches passes                                £10.00 to include full programme and meal. A full set of results will be e-mailed.
11. BACS payments should be paid to HSBC S/C: 40 37 37 A/C No. 51446959 Reference Shrimp Dec 21
12. Entries should be submitted on disk or entry form and should be e-mailed to Julie Row on [admin@newcastleswimteam.co.uk](mailto:admin@newcastleswimteam.co.uk)
13. Seeded heat start lists will be produced prior to the start of the meet. Any withdrawal should be notified to Julie Row – [admin@newcastleswimteam.co.uk](mailto:admin@newcastleswimteam.co.uk) by 5pm on Friday 9<sup>th</sup> December 2021.
14. Coaches/Team Managers are responsible for ensuring competitors report to the marshalling area at the required time. Failure to report to marshalling in good time may result in elimination from the event.
15. For safety reasons only swimmers who can perform an ASA competitive start may perform a shallow racing dive from the starting blocks. Where appropriate, over the top starts will be used during the meet. Swimmers are requested to remain in the water until asked to leave the pool.
16. Access to pool-side will be restricted to swimmers, coaches, officials and authorised helpers in line with SE Child Protection Policy.
17. To comply with the Data Protection Act you agree that we may publish your personal information as part of the results of the event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licenses or for publishing results either for the event alone or combined with or compare to other events. Results may include (but not limited to) name, any club affiliation, race times, age category.





# Invitational Shrimp Gala

## SUNDAY 12<sup>th</sup> December 2021

### Tynemouth Pool

18. The use of any photographic equipment (still, video or digital including mobile phones with photo facilities) by members of the public is strictly prohibited by North Tyneside Council.
19. The Lead Referee for this event will be: Kevin Rand. The referee's decision is final
20. Admission for spectators will be £10 to include start lists.
21. A swimwear supplier will display over the weekend.
22. These conditions are subject to government guidance for Covid19 at the time of the event and may be subject to change at short notice.
23. Spectator numbers may be limited to adhere to Tynemouth Pool maximum centre numbers. In the event that spectators are limited this will be on a 1 adult per swimmer basis and tickets will be on pre-booking via Eventbrite.

**Any points not covered above will be at the discretion of the meet manager.**



**Invitational Shrimp Gala**  
**SUNDAY 12<sup>th</sup> December 2021**  
Tynemouth Pool



**SUMMARY OF ENTRIES**

CLUB \_\_\_\_\_

CONTACT NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

TEL NO \_\_\_\_\_

E-MAIL \_\_\_\_\_

Female Entries \_\_\_\_\_ @ £6.50 £ \_\_\_\_\_

Male Entries \_\_\_\_\_ @ £6.50 £ \_\_\_\_\_

Coaches Pass \_\_\_\_\_ @ £10.00 £ \_\_\_\_\_

Total Entry Fee Enclosed £ \_\_\_\_\_

**Closing date for entries: Friday 3<sup>rd</sup> December 2021 12 NOON**

Please email this sheet along with your entries to:  
[admin@newcastleswimteam.co.uk](mailto:admin@newcastleswimteam.co.uk)

Bank Details:- HSBC S/C: 40 37 37 A/C No. 51446959 Reference Shrimp Meet Dec 21