

**Swim England North East Championships (25m) 2021**  
**6<sup>th</sup> & 7<sup>th</sup> November 2021**

**Ponds Forge International Sports Centre, Sheffield**

**FINAL INSTRUCTIONS FOR THOSE**  
**ATTENDING THE MEET**

All submitted entries have been accepted. **NO MORE ENTRIES WILL BE ACCEPTED.** A Programme may be downloaded or printed from [here](#) (Open) and [here](#) (Age Group) We will not be selling programmes at the event.

**Warm Up will commence 1 hour before the Start of the Session.**

**The number of swimmers we can have in a short course pool, at any one time, is restricted therefore the following Warm Up schedule must be complied with.**

**Open Pool**

**Heats**

SATURDAY	Session One	SUNDAY	Session One
Men 16 & under	8am to 8-15am	Women 14/15 & 16 born before 30 <sup>th</sup> June	8am to 8-15am
Men 17+	8-15am to 8-30am	Women 17+ and 16 born after 1 <sup>st</sup> July	8-15am to 8-30am
Women 14/15 & 16 born before 30 <sup>th</sup> June	8-30am to 8-45am	Men 16 & under	8-30am to 8-45am
Women 17+ and 16 born after 1 <sup>st</sup> July	8-45am to 9am	Men 17+	8-45am to 9am
Session Start	9-03am	Session Start	9-03am

**Long Distance Events**

<b>Women's 800m Free</b>	1-30pm to 1-50pm	<b>Men's 1500m Free</b>	1-30pm to 1-50pm
Session Start	2pm	Session Start	2pm

**Finals**

Men	3-30pm to 3-50pm	Women	3-30pm to 3-50pm
Women	3-50pm to 4-10pm	Men	3-50pm to 4-10pm
Session Start	4-15pm	Session Start	4-15pm

**Age Group Pool**

SATURDAY AM		SUNDAY AM
Boys 11 years	<b>8-am to 8-10am</b>	Girls 11 years born before 1 <sup>st</sup> September
Boys 12 years & 13 years born before 1 <sup>st</sup> July	<b>8-10am to 8-20am</b>	Girls 11 born after 1 <sup>st</sup> September and 12 years
Boys 13 born after 1 <sup>st</sup> July and 14 years	<b>8-20am to 8-30am</b>	Girls 13 years
Girls 11 years born before 1 <sup>st</sup> September	<b>8-30am to 8-40am</b>	Boys 11 years
Girls 11 born after 1 <sup>st</sup> September and 12 years	<b>8-40am to 8-50am</b>	Boys 12 years & 13 born before 1 <sup>st</sup> July
Girls 13 years	<b>8-50am to 9am</b>	Boys 13 born after 1 <sup>st</sup> July and 14 years
Session Start	<b>9-05am</b>	

SATURDAY PM		SUNDAY PM
Girls 11 years born before 1 <sup>st</sup> September	<b>1-30pm to 1-40pm</b>	Boys 11 years
Girls 11 born after 1 <sup>st</sup> September and 12 years	<b>1-40pm to 1-50pm</b>	Boys 12 years & 13 born before 1 <sup>st</sup> July
Girls 13 years	<b>1-50pm to 2pm</b>	Boys 13 born after 1 <sup>st</sup> July and 14 years
Boys 11 years	<b>2pm to 2-10pm</b>	Girls 11 years born before 1 <sup>st</sup> September
Boys 12 years & 13 born before 1 <sup>st</sup> July	<b>2-10pm to 2-20pm</b>	Girls 11 born after 1 <sup>st</sup> September and 12 years
Boys 13 born after 1 <sup>st</sup> July and 14 years	<b>2-20pm to 2-30pm</b>	Girls 13 years
Session Start	<b>2-33pm</b>	

**SPECTATORS HAVE BEEN ALLOCATED THE BALCONY SEATING TO THE RIGHT OF THE POOL HALL AS YOU ENTER FROM THE FOYER.**

**CLUBS HAVE BEEN ALLOCATED SEATING TO THE LEFT OF THE POOL HALL. SPECTATORS AND SWIMMERS SHOULD NOT MIX**

#### **Withdrawals**

A withdrawal system will be in operation. Seeded heat start lists will be produced prior to the start of each session. If a swimmer is NOT going to swim in an event it is the responsibility of the club entering the swimmer to inform the Entries Manager no later than 5pm the day before the heats of that event take place. Clubs may do this prior to the event by emailing [nerswimmingmanager@asaner.org.uk](mailto:nerswimmingmanager@asaner.org.uk) or at the event by completing a withdrawal form. Should a swimmer who has not been withdrawn from an event fail to swim the Club entering the swimmer may incur an administration fee of £15.

#### **All athletes/Coaches/Team Staff attending this meet must follow the requirements listed here.**

- 1. Covid-19 is currently rife in some of our Schools. You are requested to undertake a Covid19 Lateral Flow Test, within the 72 hours before you are due to attend the Meet. IF THIS TEST IS POSITIVE YOU MUST NOT ATTEND THE MEET AND MUST BOOK A PCRTTEST IMMEDIATELY.**
- 2. You must complete a 'Return to Competition Health Declaration Form' and deposit it with your Club before the competition. The form can be found on our Swim England Returning to Pool Resources [here](#)**
- 3. It will be the responsibility of each Club to ensure that they have a copy of the form for each swimmer, or a similar record form produced by the Club. Many swimmers will have already completed such a form.**
- 4. You are requested to wear a Face mask at all times when moving about in the venue. You may remove it when seated and before you enter the water.**
- 5. Swimmers & Team Staff will enter the pool area downstairs through the Changing Village. They should then use the stairs from the pool deck to access their seating area. Spectators will access the Balcony through the double doors from the Foyer. They will have to produce evidence of purchasing a ticket to the Stewards stationed at this point.**
- 6. Coaches are requested to remain with their swimmers at all times, except during Warm Up.**
- 7. Athletes should arrive, where possible, in beach wear ready to swim**
- 8. The Marshalling areas will be on the Pool Deck. Please socialdistance whenever possible.**
- 9. The Diving Pit will be used for Swim Down. If the Swim Down Pool is not used in a sensible manner it will be closed.**
- 10. All those attending should make frequent use of the sanitiser points round the venue.**