Date: July 2021	Assessor:	
Area/Activity: NDSA Summer Racing Series Sunderland Aquatic Centre	Assessment Title: Covid-19 Risk Assessment	Version: 1

IMPORTANT: Anyone showing symptoms of Covid-19 such as a high temperature, persistent cough, loss of smell or taste or the Delta variant symptoms including headaches, runny nose and a sore throat or living with someone who is showing symptoms must not attend and should seek medical advice as advised by PHE. All those attending are strongly encouraged to have the covid vaccination where applicable and to have two LFD tests in advance of the gala.

NDSA will comply with the venue RA, the meet information and any additional guidance provided by Swim England, no spectators will be present.

Item No.	Activity, Equipment, Materials, etc.	Hazard	Persons at risk	Severity	Likelihood	Risk Rating H 20-36 M 12-18 L 1-10	Control Measures Required	Final Result*
1	*Travel to and from and arrival at venue*	*Severe illness/death if infected* *Longer time off work as a minimum.* *Failure to provide a duty of care under H&S legislation.*	• *Staff* • *Coaches* • *Volunteers* • *Parents* • *Guardians* • *Athletes*	*5*	*4*	***20 H)***	• *Minimise risk of commute by public transport, and if unavoidable follow public transport providers safe travel strategy.* • *Follow Swimming Venues parking social distance arrangements and designated signage and controls when at the facility.* • *Follow Government guidance on car sharing if unavoidable.* • *Follow government advice with regards to social distancing and the use of face coverings* [*https://www.gov.uk/government/news/public-advised-to-cover-faces-in-enclosed-spaces*](https://www.gov.uk/government/news/public-advised-to-cover-faces-in-enclosed-spaces)	*4x1= **4 (L)***
2	*Swimming Arrangements*	*Reception, Changing, Toilet Facilities, Spectator Seating Arena and Pool/Diving areas/Water Spread of Covid-19*		*4*	*4*	***16 (M)***	• *Follow Swimming Venues Standard Operating Procedures and Covid-19 Guidelines, displayed information posters when in these areas.* • *Swimmers, volunteers and coaches to wear face coverings when entering and*	***4x1= 4 (L)***

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							exiting the building, in changing rooms and other spaces other than poolside • *Activities are segregated to promote 2m social distancing and if not achievable, 1m+ further risk mitigation is implemented for example: wearing face coverings, people face away from each other (back to back working), additional handwashing and reducing the number of persons in any area to maintain social distancing.* • *Where face-to-face contact is essential, maintain 2m SD this should be kept to 15 minutes or less wherever possible in line with Government guidance.* • *Follow specific government guidance on social distancing.* *https://www.gov.uk/guidance/social-distancing-in-the-workplace-during-coronavirus-covid-19-sector-guidance and keep updated with the regular announcements on the Swim England website and as a reminder how to maintain social distancing and pool guidance documents* • *All persons to manage their own social distancing and challenge those who don't.* • *Ensure venue has adequate hand washings facilities with soap and water/hand sanitiser.* • *Venue designated areas may be clearly defined and one way system in place and clearly route marked.* • *Follow correct signed route around pool and diving area.* • *Entry and exits routes to be followed* • *Participants to arrive in beach wear ready to swim. (Ensure to wear appropriate footwear and outdoor clothing when walking to and from venue and for weather protection) Additional CM during winter months – hats,*	

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							gloves, coats, warm clothing • *Water purity checks carried out by venue operator* • *Entry/exit controlled by officials* • *Appropriate footwear to be worn at all times* • *No running* • *Lane ropes to be secure and checked by officials before and during the gala* • *Lifeguards in attendance at all times* • *Radios to be used and discussed during the initial briefing* • *Touch pads set up in advance by the pool operator* • *Marshalling plan in place* • *Swimmers should ensure that the lane is clear before diving* • *No swim down*	
3	*Cross infection*	*Persons could become infected and ill at the same time.*		*3*	*4*	*12(M)*	• *Venue to provide a large enough coaching and pool standing/working space to enable 2m social distancing.* • *Pool operator to maintain welfare facilities.* • *All coaching staff are reminded on a regular basis to wash their hands for 20 seconds with water and soap and the importance of proper drying with disposable towels. All reminded to catch coughs and sneezes in tissues. Follow 'Catch it, Bin it, Kill it' and to avoid touching face, eyes, nose or mouth with unclean hands. Tissues disposed of in appropriate manner* • *Use emollient cream regularly to provide skin protection as necessary.* • *Encourage to report any skin problems that may pose risk to infection.* • *Store clothing and personal items in a suitable swim bag and store as advised to minimise any potential cross infection.*	*2x3=6 (L)*

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4	*Regular contact with people.* *Club members and public behaviour which may not be in compliance with social distancing.*	*Potential exposure to those infected with Covid-19.*		*4*	*4*	***16 (M)***	• *Coaches and Volunteers are made aware to recognise Covid-19 Symptoms through visual aids displayed, such as posters in key locations.* • *Reduced number of participants.* • *Adhere to Pool Operator demarcated clear distance of safe social distance 2 meters all areas* • *First aid provided by pool operator.* • *Hand shaking and general close personal greetings is discouraged.*	*4x2=8(L)*
5	*Cleaning areas after known Covid-19 case*	*Direct exposure to Covid-19 fluids or residue*		*4*	*5*	***20(H)***	• *Pool Operator to follow their cleaning procedures.* • *Exposed area to be closed down with no access* • *Guidance and personal protective equipment (apron, gloves etc.) should be provided.* • *All room users advised and reminded to monitor their own health and maintain hygiene.*	*4x2=8(L)*
6	*Maintaining Health & Safety standards with reduced staff on site*	*Increased number of incidents due to lack of supervision or relaxed standards.* *Breach of H&S legislation.* *Lack of staff to enable effective emergency evacuation/situation* *Lack of first aiders.*		*4*	*4*	***16(M)***	• *Coaches and Pool Staff to ensure H&S guidance is still followed.* • *Report incidents to Pool Operator.* • *In the event of a building evacuation, maintain social distancing.* • *Symptomatic individuals will not be permitted to participate or allowed entry and will be requested to leave.*	*4x2=8(L)*
7	*Someone entering the Swimming Venue with Covid-19*	*Direct exposure to those with Covid-19 or their residual fluids* *A visitor enters the pool with CV19 and passes the*		*4*	*5*	***20 (H)***	• *Pool Operator is following Government and Swim England advice applicable to their facilities.* • *Follow Specific Guidance on Social Distancing in the workplace:* • *https://www.gov.uk/guidance/social-*	*4x2=8(L)*

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		virus on to others					*distancing-in-the-workplace-during-coronavirus-covid-19-sector-guidance* • *Pool Operator makes regular announcements through various mediums including email, intranet updates, posters etc. to remind staff and/or customers to follow social distancing advice and wash their hands regularly. These message to be reinforced by the Covid Reps.* • *All persons are encouraged to use the hand washing facilities and hand sanitiser* • *Where face-to-face contact is essential, this should be kept to 15 minutes or less wherever possible in line with Government guidance.* • *As much as possible, keep teams of swimmers together and keep teams as small as possible.* • *Discourage non-essential movement around the venue.* • *Adhere to displayed signage such as floor markings and/or using one way routes using barriers, lane markers to facilitate compliance, particularly in any crowded areas. This includes entry points to buildings, toilets and communal break areas where queues may form to maintain social distance.*	
8	*Someone becomes ill symptomatic or exposed.*	*Direct exposure to those with Covid-19 or their residual fluids* *A visitor enters the workplace with Covid-19 and passes the virus on to employees.* *Person contracts Covid-19 due to working closely*		*4*	*5*	***20 (H)***	• *Individual will be removed to a designated area which is at least 2 meters away from others.* • *The individual will be sent home and advised to follow NHS guidance online. If the person is a visitor, their organisation will also be contacted.* • *Attendance records to be used to support track & trace.* • *Disclosure by any person who present with symptoms.*	*4x2=8(L)*

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		with an unknown infected person and not following social distancing guidelines.
		
		Persons are not aware of the risks from Covid-19 and become infected due to complacency and/or ack of awareness of control measures.
		
		Person/s) is/are symptomatic of Covid-19 or has been in close contact with someone with Covid-19.
		
		A person catches Covid-19 due to another employee continuing to work despite being unwell
							• *The workplace will be cleaned following Governmental guidance:*
							• *https://www.gov.uk/government/publications/covid-19-decontamination-in-non-healthcare-settings/covid-19-decontamination-in-non-healthcare-settings*
							• *Treatment of first aid will be in accordance Pool Operator Procedure for Covid-19.*
							• *Staff/Coaches advised to follow NHS online guidance: https://www.nhs.uk/conditions/coronavirus-covid-19/*
							• *Symptomatic persons are not to take part in the event and follow NHS Test and Trace guidance.*
							  • *Isolate: as soon as you experience coronavirus symptoms, medical advice is clear*
							  • *test: order a test immediately at www.nhs.uk/coronavirus or call 119 if you have no internet access.*
							  • *Results: if your test is **positive**, you and other members of your household must continue and must complete the remainder of self-isolation. If your test is **negative**, you and other household members no longer need to self-isolate*
							  • *Share contacts: if you test positive for coronavirus, you may wish to alert the people with whom you have had close contact with within the last 48hrs.*
							• *If you have being in contact with a person who has coronavirus. Follow this NHS Test and Trace advice*
							• *If you have helped someone who was taken unwell with a new, continuous cough or a high temperature, they do not need to go home unless they develop symptoms*	

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							themselves. They should wash their hands thoroughly for 20 seconds after any contact with someone who is unwell with symptoms consistent with coronavirus infection	
9	*Contaminated Place*	*A person catches Covid-19 due to contaminated surfaces.*		*5*	*3*	***15 (M)***	• *Extra hygiene requirements (handwashing etc.) are encouraged.* • *Multi-use hand towels are not used to dry hands.* • *Surfaces are cleaned with products from approved cleaning products and frequency of cleaning schedules are reviewed and monitored frequently and changes and/or scope for additional services are implemented as necessary as per Pool Operator Standard Operating Procedures.*	*4x2=8(L)*
10	*Person/s who have contracted Covid-19*	*Contracted Covid-19 by any means.* *Persons are not aware of the to date risks from Covid-19 and become infected due to lack of awareness of control measures*		*4*	*5*	***20(H)***	• *The workplace will be cleaned following Governmental guidance: https://www.gov.uk/government/publications/covid-19-decontamination-in-non-healthcare-tsettings/covid-19-decontamination-in-non-healthcare-settings* • *Sign up to the UK Gov CV19 immediate updates:* • *https://www.gov.uk/email-signup?link=/government/topical-events/coronavirus-covid-19-uk-government-response* • *Monitoring relevant Websites and News outlets.*	*2x3=6 (L)*

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I consider this risk assessment to be suitable and sufficient to control the risks to the health & safety for those undertaking the tasks and any other person who may be affected by the activities.

Name: Appointment: Covid Lead

Signature: Date:

NB – If any person does not agree that the risk assessment is suitable and sufficient then the assessment must be reviewed and amended accordingly.

Calculating the risk rating

Risk = Likelihood x Severity

Likelyhood			X	Severity		
Remote	=	1		Near miss	=	1
Unlikely	=	2		Minor injury	=	2
Possible	=	3		Lost time	=	3
Likely	=	4		Major injury	=	4
Very Likely	=	5		Fatality	=	5
Certain	=	6		Multiple fatality	=	6

Severity 1 to 6

Likelihood 1 to 6

	Near miss	Minor injury	Lost time	Major injury	Fatality	Multiple fatality
Remote	1	2	3	4	5	6
Unlikely	2	4	6	8	10	12
Possible	3	6	9	12	15	18
Likely	4	8	12	16	20	24
V Likely	5	10	15	20	25	30
Certain	6	12	18	24	30	36

Acceptable region: no need to do more

Tolerable region: Reduce risk as low as reasonably practicable

Unacceptable region: MUST reduce risk to at least tolerable