



**INVITATIONAL SHRIMP GALA
DUNSTON POOL, GATESHEAD
SUNDAY 13TH OCTOBER 2019**

PROGRAMME OF EVENTS

Session 1

Warm up: 8:00am
Start: 9:00am

Boys	8 - 9 years	100m	Freestyle
Boys	10-11 years	200m	Freestyle
Girls	8 - 11 years	50m	Butterfly
Boys	8 - 11 years	50m	Breaststroke
Girls	8 - 9 years	100m	Individual Medley
Girls	10-11 years	200m	Individual Medley
Boys	8 - 11 years	50m	Backstroke
Girls	8 - 11 years	50m	Freestyle

Session 2

Warm up: TBC
Start: TBC

Girls	8 - 9 years	100m	Freestyle
Girls	10-11 years	200m	Freestyle
Boys	8 - 11 years	50m	Butterfly
Girls	8 - 11 years	50m	Breaststroke
Boys	8 - 9 years	100m	Individual Medley
Boys	10 - 11 years	200m	Individual Medley
Girls	8 - 11 years	50m	Backstroke
Boys	8 - 11 years	50m	Freestyle

closing date for entries: Friday 27TH September 2019 12 Noon

Entry Fee: £6.00 per swim

All Events HDW(*Heat Declared Winner*)basis

Age Groups (Boys & Girls) are 8yrs, 9yrs, 10yrs, 11yrs.

(Age as at 13th October 2019).

Entry file available from: Kath Smith katy1959@live.co.uk

**Newcastle Swim Team hope you have fun,
swim well & enjoy it 😊**



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SUNDAY 13th October 2019
UPPER LIMITS**



MALE UPPER LIMITS					FEMALE UPPER LIMITS			
8 Years	9 Years	10 Years	11 Years	Events	8 Years	9 Years	10 Years	11 Years
Open	Open	32.30	32.30	50 Free	Open	Open	32.10	32.10
Open	Open			100 Free	Open	Open		
		2.34.00	2.34.00	200 Free			2.33.00	2.33.00
Open	Open	37.00	37.00	50 Back	Open	Open	36.50	36.50
Open	Open	43.50	43.50	50 Breast	Open	Open	42.00	42.00
Open	Open	38.00	38.00	50 Fly	Open	Open	37.00	37.00
Open	Open			100 IM	Open	Open		
		2.54.00	2.54.00	200 IM			2.51.00	2.51.00



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18. The use of any photographic equipment (still, video or digital including mobile phones with photo facilities) by members of the public is strictly prohibited by Gateshead Council.
19. The Lead Referee for this event will be: Kevin Rand. The referee's decision is final
20. Admission for spectators will be £5 to include start lists. Children, accompanied by adults, will be admitted free.
21. A swimwear supplier will display over the weekend.

Any points not covered above will be at the discretion of the meet manager.



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SUNDAY 13th October 2019
Dunston Pool



SUMMARY OF ENTRIES

CLUB _____

CONTACT NAME _____

ADDRESS _____

TEL NO _____

E-MAIL _____

Female Entries _____ @ £6.00 £ _____

Male Entries _____ @ £6.00 £ _____

Coaches Pass _____ @ £10.00 £ _____

Total Entry Fee Enclosed £ _____

Closing date for entries: Friday 27th September 12 NOON

Please email this sheet along with your entries to

Katy1959@live.co.uk

Bank Details:- HSBC S/C: 40 37 37 A/C No. 51446959 Reference Shrimp Meet Oct 19