

Chester-le-Street ASC Parents must enter their swimmers via their club account

Head to membership.chesterlestreetasc.co.uk to enter. Payments should be made to Chester-le-Street ASC by Cheque or Bank Transfer. Do not contact Newcastle Swim Team about entries.

**NEWCASTLE
SWIM TEAM**

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INVITATIONAL SHRIMP GALA LOUISA CENTRE, STANLEY SUNDAY 17th March 2019

PROGRAMME OF EVENTS

Session 1

Warm up: 8:00am

Start: 9:00am

Boys	8 - 9 years	100m	Freestyle
Boys	10-11 years	200m	Freestyle
Girls	8 - 11 years	50m	Backstroke
Boys	8 - 11 years	50m	Freestyle
Girls	8 - 9 years	100m	Individual Medley
Girls	10-11 years	200m	Individual Medley
Boys	8 - 11 years	50m	Butterfly
Girls	8 - 11 years	50m	Breaststroke

Session 2

Warm up: TBC

Start: TBC

Girls	8 - 9 years	100m	Freestyle
Girls	10-11 years	200m	Freestyle
Boys	8 - 11 years	50m	Backstroke
Girls	8 - 11 years	50m	Freestyle
Boys	8 - 9 years	100m	Individual Medley
Boys	10 - 11 years	200m	Individual Medley
Girls	8 - 11 years	50m	Butterfly
Boys	8 - 11 years	50m	Breaststroke

closing date for entries: Friday 1st March 2019 12 Noon

Entry Fee: £6.00 per swim

All Events HDW(*Heat Declared Winner*)basis

Age Groups (Boys & Girls) are 8yrs, 9yrs, 10yrs, 11yrs.

(Age as at 17th March 2019).



**INVITATIONAL SHRIMP GALA
LOUISA CENTRE, STANLEY
SUNDAY 17th March 2019
UPPER LIMITS**



MALE UPPER LIMITS					FEMALE UPPER LIMITS			
8 Years	9 Years	10 Years	11 Years	Events	8 Years	9 Years	10 Years	11 Years
Open	Open	32.30	32.30	50 Free	Open	Open	32.10	32.10
Open	Open			100 Free	Open	Open		
		2.34.00	2.34.00	200 Free			2.33.00	2.33.00
Open	Open	37.00	37.00	50 Back	Open	Open	36.50	36.50
Open	Open	43.50	43.50	50 Breast	Open	Open	42.00	42.00
Open	Open	38.00	38.00	50 Fly	Open	Open	37.00	37.00
Open	Open			100 IM	Open	Open		
		2.54.00	2.54.00	200 IM			2.51.00	2.51.00



Invitational Shrimp Gala
SUNDAY 17th March 2019
Louisa Centre, Stanley



18. The use of any photographic equipment (still, video or digital including mobile phones with photo facilities) by members of the public is strictly prohibited by Derwentside Leisure Trust.
19. The Lead Referee for this event will be: Christine Golightly. The referee's decision is final
20. Admission for spectators will be £5 to include start lists. Children, accompanied by adults, will be admitted free.
21. A swimwear supplier will display over the weekend.

Any points not covered above will be at the discretion of the meet manager.



Invitational Shrimp Gala
SUNDAY 17th March 2019
Louisa Centre, Stanley



SUMMARY OF ENTRIES

CLUB _____

CONTACT NAME _____

ADDRESS _____

TEL NO _____

E-MAIL _____

Female Entries _____ @ £6.00 £ _____

Male Entries _____ @ £6.00 £ _____

Coaches Pass _____ @ £10.00 £ _____

Total Entry Fee Enclosed £ _____

Closing date for entries: Friday 1st March 12 NOON

Please email this sheet along with your entries to

Katy1959@live.co.uk

Bank Details:- HSBC S/C: 40 37 37 A/C No. 51446959 Reference Shrimp Meet March 19