



**INVITATIONAL SHRIMP GALA
LOUISA CENTRE, STANLEY
SUNDAY 9TH DECEMBER 2018**

PROGRAMME OF EVENTS

Session 1

Warm up: 8:00am
Start: 9:00am

Boys	8 - 9 years	100m	Freestyle
Boys	10-11 years	200m	Freestyle
Girls	8 - 11 years	50m	Backstroke
Boys	8 - 11 years	50m	Freestyle
Girls	8 - 9 years	100m	Individual Medley
Girls	10-11 years	200m	Individual Medley
Boys	8 - 11 years	50m	Butterfly
Girls	8 - 11 years	50m	Breaststroke

Session 2

Warm up: TBC
Start: TBC

Girls	8 - 9 years	100m	Freestyle
Girls	10-11 years	200m	Freestyle
Boys	8 - 11 years	50m	Backstroke
Girls	8 - 11 years	50m	Freestyle
Boys	8 - 9 years	100m	Individual Medley
Boys	10 - 11 years	200m	Individual Medley
Girls	8 - 11 years	50m	Butterfly
Boys	8 - 11 years	50m	Breaststroke

closing date for entries: Wednesday 21ST NOVEMBER 12 Noon

Entry Fee: £6.00 per swim
All Events HDW(*Heat Declared Winner*)basis
Age Groups (Boys & Girls) are 8yrs, 9yrs, 10yrs, 11yrs.
(Age as at 9th December 2018).

CLS ASC PARENTS MUST ENTER VIA account.chesterlestreetasc.co.uk



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SUNDAY 9TH DECEMBER 2018
UPPER LIMITS**



MALE UPPER LIMITS					FEMALE UPPER LIMITS			
8 Years	9 Years	10 Years	11 Years	Events	8 Years	9 Years	10 Years	11 Years
Open	Open	32.30	32.30	50 Free	Open	Open	32.10	32.10
Open	Open			100 Free	Open	Open		
		2.34.00	2.34.00	200 Free			2.33.00	2.33.00
Open	Open	37.00	37.00	50 Back	Open	Open	36.50	36.50
Open	Open	43.50	43.50	50 Breast	Open	Open	42.00	42.00
Open	Open	38.00	38.00	50 Fly	Open	Open	37.00	37.00
Open	Open			100 IM	Open	Open		
		2.54.00	2.54.00	200 IM			2.51.00	2.51.00