



## ASANER Age Group Championships (25m)

5<sup>th</sup> & 6<sup>th</sup> November 2016

Sunderland Aquatics Centre

Entry Closing Date: 21<sup>st</sup> October 2016

Boys 25m Qualifying Times			Events	Girls 25m Qualifying Times		
11 years	12 years	13 years		11 years	12 years	13 years
32.30	31.00	30.00	<b>50m Freestyle</b>	32.10	31.00	31.00
1.11.00	1.07.00	1.03.00	<b>100m Freestyle</b>	1.10.00	1.07.00	1.05.00
2.34.00	2.22.00	2.15.00	<b>200m Freestyle</b>	2.33.00	2.25.00	2.19.00
5.34.00	5.10.00	4.50.00	<b>400m Freestyle</b>	5.23.00	5.10.00	4.57.00
			<b>800m Freestyle</b>		10.50.00	10.20.00
	20.10.00	19.20.00	<b>1500m Freestyle</b>			
37.00	35.50	34.00	<b>50m Backstroke</b>	36.50	36.00	35.00
1.22.00	1.18.00	1.12.00	<b>100m Backstroke</b>	1.21.00	1.16.00	1.13.00
2.55.00	2.45.00	2.32.00	<b>200m Backstroke</b>	2.51.00	2.43.00	2.37.00
43.50	40.50	38.00	<b>50m Breaststroke</b>	42.00	41.00	40.00
1.38.00	1.29.00	1.23.00	<b>100m Breaststroke</b>	1.33.00	1.28.00	1.25.00
3.23.00	3.11.00	3.00.00	<b>200m Breaststroke</b>	3.16.00	3.09.00	3.02.00
38.00	36.00	34.50	<b>50m Butterfly</b>	37.00	36.00	35.00
1.25.00	1.20.00	1.15.00	<b>100m Butterfly</b>	1.22.00	1.17.00	1.14.00
3.20.00	2.54.00	2.40.00	<b>200m Butterfly</b>	3.10.00	3.00.00	2.46.00
1.26.00	1.21.50	1.18.00	<b>100m Ind. Medley</b>	1.23.50	1.19.50	1.18.00
2.54.00	2.42.00	2.33.00	<b>200m Ind. Medley</b>	2.51.00	2.45.00	2.38.00
6.15.00	5.44.00	5.28.00	<b>400m Ind. Medley</b>	6.10.00	5.50.00	5.42.00

**Entry Times must be downloaded from the British Swimming Rankings (Levels 1-3)**

Schedule of Events					
Session 1			Session 3		
Saturday 5 <sup>th</sup> November @ 09:00			Sunday 6 <sup>th</sup> November @ 09:00		
Boys 12/13	1500m	Freestyle	Girls 12/13	800m	Freestyle
Girls	100m	Breaststroke	Boys	100m	Breaststroke
Boys	200m	Breaststroke	Girls	200m	Breaststroke
Girls	400m	Ind. Medley	Boys	400m	Ind. Medley
Boys	100m	Freestyle	Girls	100m	Freestyle
Girls	200m	Freestyle	Boys	200m	Freestyle
Boys	50m	Backstroke	Girls	50m	Butterfly
Girls	50m	Backstroke	Boys	50m	Butterfly
Session 2			Session 4		
Saturday 5 <sup>th</sup> November @ TBC			Sunday 6 <sup>th</sup> November @ TBC		
Girls	200m	Backstroke	Boys	200m	Backstroke
Boys	200m	Ind. Medley	Girls	200m	Ind. Medley
Girls	100m	Butterfly	Boys	100m	Butterfly
Boys	100m	Backstroke	Girls	100m	Backstroke
Girls	400m	Freestyle	Boys	400m	Freestyle
Boys	200m	Butterfly	Girls	200m	Butterfly
Girls	100m	Ind. Medley	Boys	100m	Ind. Medley
Boys	50m	Breaststroke	Girls	50m	Freestyle
Girls	50m	Breaststroke	Boys	50m	Freestyle

Age as on 31<sup>st</sup> December 2016

All events are HDW

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**ASANER Senior & Junior Championships (25m) 2016**  
**5<sup>th</sup> & 6<sup>th</sup> November 2016**  
**Sunderland Aquatics Centre**  
**Entry Closing Date: 21<sup>st</sup> October 2016**

<b>Session 1</b>		
<b>Saturday 5<sup>th</sup> November @ 09.00</b>		
Men	100m	Freestyle
Women	200m	Freestyle
Men	50m	Breaststroke
Women	100m	Breaststroke
Men	400m	Ind. Medley
Women	100m	Butterfly
Men	100m	Backstroke
Women	50m	Backstroke
Men	200m	Butterfly
Women	200m	Ind. Medley
Men	400m	Freestyle
Women	50m	Freestyle
Men	200m	Breaststroke
Women	800m	Freestyle HDW
Men	50m	Butterfly
Women	200m	Backstroke
Men	100m	Ind. Medley
Women	4x100m	Medley Team HDW
Men	4x100m	Freestyle Team HDW
<b>Session 2 Finals @ TBC</b>		
Women	4x200m	Freestyle Team HDW

<b>Session 3</b>		
<b>Sunday 6<sup>th</sup> November @ 09.00</b>		
Women	100m	Freestyle
Men	200m	Freestyle
Women	50m	Breaststroke
Men	100m	Breaststroke
Women	400m	Ind. Medley
Men	100m	Butterfly
Women	100m	Backstroke
Men	50m	Backstroke
Women	200m	Butterfly
Men	200m	Ind. Medley
Women	400m	Freestyle
Men	50m	Freestyle
Women	200m	Breaststroke
Men	1500m	Freestyle HDW
Women	50m	Butterfly
Men	200m	Backstroke
Women	100m	Ind. Medley
Men	4x100m	Medley Team HDW
Women	4x100m	Freestyle Team HDW
<b>Session 4 Finals @ TBC</b>		
Men	4x200m	Freestyle Team HDW

<b>Qualifying Times (25m)</b>				
<b>Entry Times must be from the British Swimming Rankings (Levels 1-3)</b>				
<b>Men</b>			<b>Women</b>	
<b>Senior</b>	<b>15 &amp; under</b>		<b>Senior</b>	<b>15 &amp; under</b>
26.00	28.00	50m Freestyle	29.00	29.50
55.00	1.00.00	100m Freestyle	1.02.00	1.03.00
2.01.00	2.10.00	200m Freestyle	2.11.00	2.15.00
4.22.00	4.30.00	400m Freestyle	4.40.00	4.50.00
		800m Freestyle	9.40.00	9.50.00
17.35.00	18.15.00	1500m Freestyle		
29.00	33.50	50m Backstroke	32.00	34.00
1.02.00	1.08.00	100m Backstroke	1.10.00	1.11.00
2.15.00	2.26.00	200m Backstroke	2.29.00	2.32.00
34.00	37.00	50m Breaststroke	37.00	39.00
1.11.00	1.20.00	100m Breaststroke	1.19.00	1.22.00
2.35.00	2.50.00	200m Breaststroke	2.50.00	2.58.00
28.00	31.50	50m Butterfly	32.00	32.50
1.01.00	1.09.00	100m Butterfly	1.08.00	1.12.00
2.22.00	2.34.00	200m Butterfly	2.31.00	2.36.00
1.04.50	1.15.00	100m Ind. Medley	1.11.50	1.15.50
2.18.00	2.27.00	200m Ind. Medley	2.30.00	2.33.00
5.00.00	5.12.00	400m Ind. Medley	5.18.00	5.35.00

**Junior: Age 15 years & under on 31<sup>st</sup> December 2016**

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