



**Richmond Dales Back to School
17-18th September 2016**

Programme of events



Session 1

- Event 1 - Girls 9 and over SC 200m IM
- Event 2 - Boys 9 and over SC 200m Backstroke
- Event 3 - Girls 9 and over SC 50m Freestyle
- Event 4 - Boys 9 and over SC 50m Breaststroke
- Event 5 - Girls 10 and over SC 100m Butterfly
- Event 6 - Boys 10 and over SC 100m Breaststroke
- Event 7 - Ladies 12/under - Skins
- Event 8 - Ladies 13/over – Skins

Session 2

- Event 9 - Girls 9 and over SC 200m Breaststroke
- Event 10 - Boys 9 and over SC 50m Backstroke
- Event 11 - Girls 9 and over SC 50m Butterfly
- Event 12 - Boys 10 and over SC 100m Freestyle
- Event 13 - Girls 10 and over SC 100m Backstroke
- Event 14 - Boys 9 and over SC 200m Butterfly
- Event 15 - Girls 9 and over SC 200m Freestyle

Session 3

- Event 16 - Boys 9 and over SC 200m IM
- Event 17 - Girls 9 and over SC 200m Backstroke
- Event 18 - Boys 9 and over SC 50m Freestyle
- Event 19 - Girls 9 and over SC 50m Breaststroke
- Event 20 - Boys 10 and over SC 100m Butterfly
- Event 21 - Girls 10 and over SC 100m Breaststroke
- Event 22 - Mens 12/under - Skins
- Event 23 - Mens 13/over – Skins

Session 4

- Event 24 - Boys 9 and over SC 200m Breaststroke
- Event 25 - Girls 9 and over SC 50m Backstroke
- Event 26 - Boys 9 and over SC 50m Butterfly
- Event 27 - Girls 10 and over SC 100m Freestyle
- Event 28 - Boys 10 and over SC 100m backstroke
- Event 29 - Girls 9 and over SC 200m Butterfly
- Event 30 - Boys 9 and over SC 200m Freestyle

Session start	Morning	warm up	8.00 am
		events	9.00 am
	Afternoon	warm up	1.00pm
		events	2.00pm