



## Northumberland and Durham Swimming Association County Swimming Development Programme Performance Sessions Selection Criteria 2017-2018

### **Athlete selection:**

The number of places available for selection will be set by the Northumberland and Durham Swimming Association (NDSA) Swimming Development Programme operations board in accordance with the resources available at the Sunderland Aquatic centre. Selection will be made based on athletes who are with registered clubs in the Northumberland and Durham counties. Selected athletes will be notified in consultation with their home coach.

### **Automatic selections:**

- WC podium athletes.
- WC podium potential athletes.
- WC podium athletes Para-Swimming, nominated by the British Para-Swimming performance pathway manager.
- Athletes selected to represent GB at Senior and Youth level.
- Athletes ranked in the top 16 long course on Open Age British rankings at time of the selection process (August 2017).

Any further selections will be identified by the programme's operations board. The following will be considered as part of this process. This list is not intended to indicate priority; appropriate selections will be made as to ensure quality control during the programme training sessions.

- Top 20 nationally ranked athletes in 13, 14, 15, 16, 17 and 18 years single age bands at time of selection.
- WC Podium potential athlete's Para-Swimming, subject to approval by the British Para-Swimming performance pathway manager and home coaches.
- Available sessions are Wednesday 14:00pm – 16:00pm and Saturday 07.30am – 10:00am.
- Selections for the Wednesday session will be at the discretion of the lead coaches in consultation with the programme manager.
- Additional selections may be made to fully utilise the pool space in the 50 metre facility, providing that the quality control of the programme is not compromised. Wild card athletes may be considered and added at the discretion of the programme manager in consultation with the NDSA programme's operations board.

### **Coach selection:**

- The lead coaches for the programme will be appointed by the NDSA programme manager. They will be responsible for the coordination and delivery of the training sessions. Lead coaches that are selected must be available to attend both the Wednesday afternoon (14:00 pm - 16:00 pm) and the Saturday morning (07:30 am - 10:00 am) sessions on a regular basis. This will also include the occasional Saturday morning workshop that will be scheduled to take place after the completion of the Saturday morning training session.
- Selection of further coaches to regularly contribute to the delivery of the programme will be made by the programme manager, in consultation with the lead coaches.
- All coaches from the NDSA clubs are invited to come along and take an active part in the programme, whether or not they have athletes involved. This can be arranged by contacting the programme manager or any of the lead coaches.

### **General conditions:**

- All athletes participating in the NDSA development programme must be a member of a Swim England affiliated club and eligible to represent England or Great Britain at International level.
- Initial selections will be made in Olympic events only, at the conclusion of both the British and English summer nationals held at Sheffield. Home coaches will be notified of their athlete's selection. Regular reviews will take place and athletes may be added to the programme if spaces become available and the selection criteria is obtained.
- Regular non-attendance as determined by the lead coaches will result in the athlete being withdrawn from the programme.
- Selected athletes are required to maintain full commitment to their overall home training programme, this will include attendance figures of a minimum of 80% of the pool training time and a minimum of two hours in a home club Strength and Conditioning programme.
- The pre-pool sessions and any scheduled workshops are compulsory to all selected athletes.
- On a Saturday morning, all athletes must be on the poolside ready to start the pre-pool warm up at 07:30 am prompt.
- There will be an acceptance fee applied to all athletes to assist in the further self-funding of the programme.
- The maximum term of selection will be up until July 31<sup>st</sup> 2018. Membership of the NDSA Swimming Development Programme is however subject to regular review by the programme Manager.
- Selection onto the four swimming hubs will be made in conjunction with each of their club networks.