Chester Le Street Swimming Club

(Level 3) OPEN GALA License No. applied for

At the Burns Green Leisure Centre
Chester le Street

SAT/SUN 23rd & 24th April 2016

- Age on day 24th April 2016
- SEPARATE SWIM DOWN FACILITY
- ELECTRONIC TIMING BY COLORADO

Entry fees by Sportsystems entry files (via e mail) £5.00
Entry by entry forms or e mail, £5.25 (cheques payable to Chester le Street ASC)

Coaches passes £15.00 to be paid with entry fees.

Please return entry fees & cheques to:-
Chester le Street Swimming Club
Chester le street leisure Centre
Burns Green
Chester le Street
DH3 3QH

For entry files please e mail:
galascls@gmail.com

CLOSING DATE:- Sunday 3 April 2016

Chester Le Street Swimming Club

2016 Open Gala

Meet Conditions

- This meet is held under ASA Laws and ASA Technical Rules.
- All competitors must be registered with the ASA or their own national association as appropriate.
- Age on the 24th April 2016
- Those events with a final will have cyclical heats
- Electronic timing system will be in operation.
- The age groups are 10/11/12yrs,13/14yrs,15/16yrs, and Open
- Medals will be awarded for 1st 2nd and 3rd in age group events.
- All competitors must go through marshalling for both heats and finals. If a competitor does not report to marshalling in time the event will proceed without the competitor.
- If a swimmer does not intend to swim a final, please notify the recorders immediately so a reserve can be called.
- With the exception of the Open 100's & 50's all events will be Heat Declared Winners.
- Coaches/Team Managers must notify the recorders 40 minutes before the start of the session if any of their swimmers have withdrawn.
- The Referee's decision regarding the interpretation and judgement of any ASA rules or laws is final
- Chester-le-Street ASC regret they cannot be held responsible for any loss or damage to property. Swimmers are recommended to use the lockers provided.

Chester Le Street Swimming Club

Programme of Events

Session 01 - 23/04/16 @ 09:00 am			
1	Mens	Open	100 Back
2	Womens	Open	100 Back
3	Mens	Open	50 Fly
4	Womens	Open	50 Fly
5	Boys	10/12	100 Fly
6	Girls	10/12	100 Fly
7	Mens	Open	200 Brea
8	Womens	Open	200 Brea
9	Boys	15/16	100 Free
10	Girls	15/16	100 Free
11	Boys	13/14	100 Brea
12	Girls	13/14	100 Brea
13	Boys	14/UN	200 IM
14	Mens	Open	100 Back Final
15	Womens	Open	100 Back Final
16	Mens	Open	50 Fly Final
17	Womens	Open	50 Fly Final

Session 02 - 23/04/16 @ T.B.A.			
18	Mens	Open	100 Brea
19	Womens	Open	100 Brea
20	Mens	Open	50 Free
21	Womens	Open	50 Free
22	Boys	10/12	100 Free
23	Girls	10/12	100 Free
24	Boys	15/16	100 Back
25	Girls	15/16	100 Back
26	Mens	Open	200 Fly
27	Womens	Open	200 Fly
28	Boys	13/14	100 Back
29	Girls	13/14	100 Back
30	Mens	Open	200 IM
31	Mens	Open	100 Breast Final
32	Womens	Open	100 Breast Final
33	Mens	Open	50 Free Final
34	Womens	Open	50 Free Final

Session 03 - 24/04/16 @ 09:00 am			
35	Mens	Open	100 Free
36	Womens	Open	100 Free
37	Mens	Open	50 Back
38	Womens	Open	50 Back
39	Boys	10/12	100 Brea
40	Girls	10/12	100 Brea
41	Boys	15/16	100 Fly
42	Girls	15/16	100 Fly
43	Mens	Open	200 Back
44	Womens	Open	200 Back
45	Boys	13/14	100 Fly
46	Girls	13/14	100 Fly
47	Girls	14/UN	200 IM
48	Mens	Open	100 Free Final
49	Womens	Open	100 Free Final
50	Mens	Open	50 Back Final
51	Womens	Open	50 Back Final

Session 04 - 24/04/16 @ T.B.A.			
52	Mens	Open	100 Fly
53	Womens	Open	100 Fly
54	Mens	Open	50 Brea
55	Womens	Open	50 Brea
56	Boys	10/12	100 Back
57	Girls	10/12	100 Back
58	Mens	Open	200 Free
59	Womens	Open	200 Free
60	Boys	15/16	100 Brea
61	Girls	15/16	100 Brea
62	Boys	13/14	100 Free
63	Girls	13/14	100 Free
64	Womens	Open	200 IM
65	Mens	Open	100 Fly Final
66	Womens	Open	100 Fly Final
67	Mens	Open	50 Breast Final
68	Womens	Open	50 Breast Final

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Upper times

Boys					Girls			
10/11/12	13/14	15/16	OPEN	EVENT	10/11/12	13/14	15/16	OPEN
27.9	25.6	24.4	23.2	50m Freestyle	28.6	27.5	26.9	25.6
59.8	54.8	52.6	51.1	100m Freestyle	1:01.0	58.6	57.5	56.3
2:09.8	1:59.0	1:54.3	1:52.7	200m Freestyle	2:11.0	2:05.9	2:03.6	2:02.5
36.1	32.5	30.7	29.2	50m Breaststroke	36.4	34.5	33.8	32.3
1:17.2	1:09.5	1:05.9	1:03.6	100m Breaststroke	1:18.0	1:13.0	1:12.3	1:09.8
2:46.6	2:30.2	2:23.8	2:17.7	200m Breaststroke	2:47.2	2:37.7	2:35.9	2:29.9
31.1	28.1	26.6	25.1	50m Butterfly	31.4	29.9	29.3	27.4
1:07.6	1:00.8	58	55.2	100m Butterfly	1:08.2	1:04.6	1:03.8	1:00.6
2:28.8	2:14.6	2:07.7	2:02.5	200m Butterfly	2:29.4	2:20.9	2:18.3	2:13.3
32.3	29.4	27.6	25.8	50m Backstroke	32.5	31	30.4	28.8
1:08.0	1:01.4	58.5	55.5	100m Backstroke	1:08.2	1:05.1	1:03.8	1:01.8
2:25.0	2:11.7	2:06.1	2:01.2	200m Backstroke	2:25.0	2:19.2	2:15.9	2:12.8
2:27.9	2:14.6	2:09.2	2:05.3	200m I.M.	2:28.2	2:22.1	2:19.8	2:17.7