

Encourage new disability swimmers today

Changing perceptions – changing practice

Swimming is by far the favourite sport of many disabled children and adults and we want to help you inspire these individuals to join in with the fun in the pool and take that next step in joining a club. Capture their imagination, challenge their perceptions, help them develop their skills and talent in becoming a better swimmer.



How?

- Be clear of your offering - specific disability swimming sessions, suitably qualified coaches, use of facilities with full disabled access, dedicated changing areas
- Consider linking with local organisations that can signpost to your club including schools, specialist disability groups, local authority children's services
- Don't turn anyone away because of their disability. Teaching and coaching methods are the same for all swimmers, no matter what their ability
- Encourage your coaches to develop their disability awareness with a free Institute of Swimming (IoS) online seminar 'An Introduction to Disability Swimming'
- Additional seminars are available including 'Integrating Disabled Swimmers into a Mainstream Coaching Environment' and 'Working with Children with Educational Difficulties'

Why?

- To encourage wider participation and generate new members and income for your club
- To make the most of the increased interest and opportunities generated by the Paralympic Games
- To provide greater opportunities for the disabled community to improve their swimming ability and reach their potential



Who can help?

- Visit www.swimming.org or email disability@swimming.org
- For training including access to Institute of Swimming seminars visit www.theiosonline.com or email iosadmin@swimming.org
- For general enquiries about participation refer to www.swimming.org/go/disability



England

www.swimming.org



Scotland

www.scottishswimming.com



Wales

www.welshasa.co.uk

The ASA are the governing body for swimming in England. Scottish Swimming and Swim Wales can help with support for disability swimming in these home nations.

